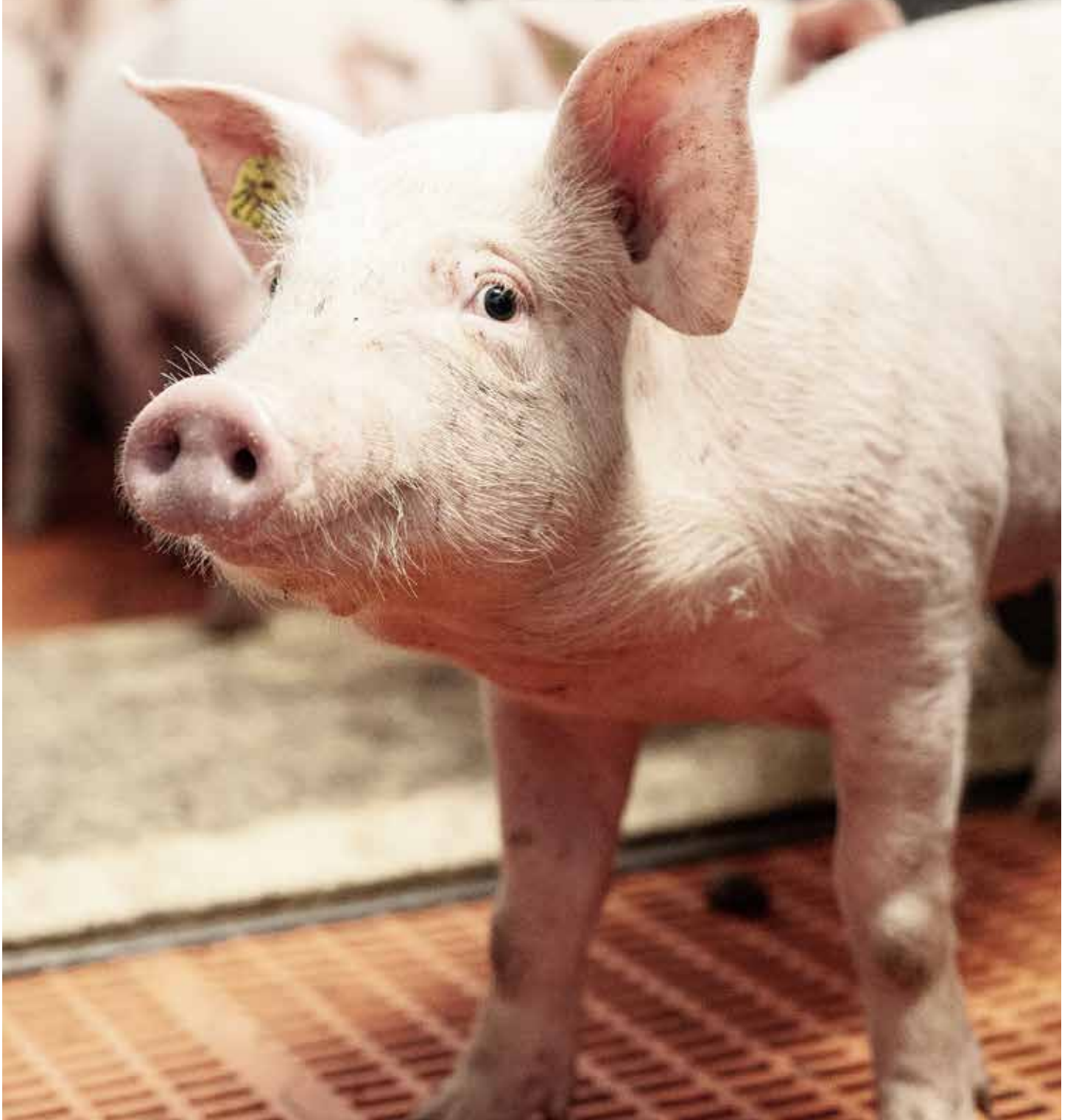


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THE LIVESTOCK TRADERS



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“We have to be able to move together with the ups and downs of the market.”

Following the positive reactions we received after the first edition of the VAEX magazine, we decided to print a second one during this same year. As a trade partner we want to keep you updated with the developments in the agricultural sector and within VAEX. Therefore, in this magazine, you will not only be informed about the developments on the market but you will find among other various interviews.

In the first semester of this year many things happened in the world. COVID-19 stirred the waters, which was also noticed in the agricultural sector. In the first four months, the pig market was stable and positive. From May onwards COVID-19 brought agitation to the market. The market experienced a great pressure. Prices registered the highest level at the beginning of this year, have fallen dramatically. Various slaughterhouses were closed on certain sub-sections or in their entirety, for a period of time. Every day the market suffered changes.

So, we will also have to move in line with these market ups and downs. This turbulent period in the market offers us, the VAEX company, some new welcome challenges. We try to look beyond the ordinary, this being very necessary on the market. We also have the opportunity to regularly take care of finding new (temporary) business channels and solutions in all corners of Europe. In general, there is no pressure on the breeding cattle market. COVID-19 has pushed projects forward and it is quiet in the market at the time of this writing.

COVID-19 is not the only challenge for us this year. There are currently many discussions on logistical issues within the company and at a political level. This makes it increasingly difficult to carry out a transport without problems. Together with our customers and suppliers, the VAEX team and other involved parties, we overcome these challenges.

Dirk Govers, ceo

FROM ALWAYS BEING BUSY TO HAVING LOTS OF TIME

A FUN FACT:

Leo was not good at foreign languages when he was in school. In the meantime, he managed to learn 6 languages: Dutch, French, German, English, Spanish and Italian.

FOUR SHORT QUESTIONS FOR LEO:

What is your favourite piece of meat?
The pork loin.

What is your favourite music?
Dutch music.

What are you most proud of?
I am most proud of my grandchildren. They are a gift. Before, I used to have less time for my children. Times were different by then, anyway. Now I really enjoy spending time with them.

What do you hate?
To pay too much money and do nothing.

Almost two years have passed since Leo Govers (70) - who is one of the founders of VAEX - retired. This happened on November 3, 2018. Fortunately, we continue to see him often walking through the company building.

How did you get into the field of trade?

"My father Piet was already a pig trader. After he died, at the age of 50, my sister took over the business. That was in 1961. My brother Toon and I were still too young to join this business, but as soon as we were shown this chance, we joined. I was 19 years old. We expanded trade in the Netherlands. Annie chose to go in another direction at one point. As of 1974, we felt the need to gather and focus on export activities. We did this through the company called Gebroeders Govers BV. Our first customer from abroad was Jurgen Nisch from Germany. Soon after, France and other European countries followed. We carried out transports

with green-yellow coloured vehicles. They had become known throughout Europe at some point."

How did the company develop later?

"We had the courage to take risks. I believe this made us stand out. With every occasion we tried to cross borders. We managed to do everything by ourselves, from trade to accounting. Communication took place through telex or fax. During those days, there were no mobile phones. Work was difficult. Weeks of 100 hours were no exception and even our partners José and Hanneke gave us a hand when we needed help. And this gave us much strength: the fact

that we have always been a family company. We needed each other. Since Toon died in 1998, his son, Pim, became part of the company. We were called VAEX by then, already. If it wasn't for him, I don't know if I had been able to keep everything under control. The same thing is also valid for Dirk, who entered the company in 2002. Sometimes there were clashes between us, this happens when you bring two generations together. But I am extremely grateful to both of them for the responsibility they have taken on."

You retired in 2018. How do you feel in this position?

"I have dedicated my whole life, soul and salvation to this company. The company was the main thing. Always! No, this is not necessarily a good thing. But that is in my nature. All of a sudden you have much time left, it is something you have to get used to. Fortunately, I can still provide services and assistance to the company. And sometimes I still travel abroad with VAEX. I can really enjoy that! Besides this, I can

catch up with some of my hobbies too. I go for walks, ride my bike, play golf and spend time with my grandchildren. We are also building a new house. I just can't sit still. I must always keep myself busy with something."

How do you feel about the company now?

"I am very proud. Since 2005 Dirk and Pim have established the main lines. At one point it was time for me to retire. That was quite difficult for me, as I have always seen my work as a hobby. But Pim and Dirk found that I should enjoy life in another way. It's nice to see how Pim and Dirk worked at the company and how they brought it to the stage it is now. I really think we now have a top team, both in the livestock and truck trading department. This helped me to distance myself from the company."

VAEX AND JAVIER, ALREADY TWENTY YEARS TOGETHER

Javier de Pablo Arribas (56) is a co-owner of Porcibar en Hermanos de Pablo Arribas. The company, which sells and transports piglets and is an important brand in Spain. They have accumulated 85 years of experience and the third generation is running the company. We've known Javier for about twenty years. We are always there for each other and always look for solutions together. Javier has become a member of the VAEX family through all these years. We had a conversation with him especially for this issue of our magazine.



DID YOU KNOW THAT JAVIER....

...travels all over the world, but every time he travels, he misses eating the "Iberian ham"!

...has three favourite hobbies: trucks, trucks and trucks...

...lives in Aranda de Duero. It is a famous wine-growing area in Spain. He regularly gives his drivers a crate of Ribera del Duero for the VAEX team.

...has a son who is a big fan of trucks, especially of trucks with a big star on the grill.

...is a man of his word. Although the pig market is facing difficulties, he always does what he promised he would do.

Do you remember how your relationship with VAEX started?

"The world of pigs is, of course, not that big. We know each other very well. VAEX has long been affiliated with us as a benchmark company. A company that set the standard within the sector. At some point, for this reason, a contact was established. I went to visit VAEX in the Netherlands. This fitted perfectly and came out very well. This has always been the case ever since. This happened because we speak the "same language". There is trust in each other and respect."

What makes working in this sector so challenging for you?

"It lies in the combination of animals and transport. These are two topics that have always fascinated me. When I've loaded my truck and I can go driving, I feel this is as a lucky moment. Besides this, I also like to create, grow and be an entrepreneur. These qualities match perfectly to a dynamic world, like the one we live in."

Have you always wanted to work in this sector?

"I have grown into this sector since a child. I was only four years old when I was already allowed to go with my father in his truck to buy and sell piglets. Later, my parents were convinced that I could become a good mechanic. Then I studied mechanical engineering for three years. And that I

liked to do as well, but my heart still remained connected to the piglet trade."

"There is trust in each other and respect for the other..."

How do you expect the market to evolve in the coming years?

"I see two areas of developments and they are interrelated. First of all, due to the new legislation, it will be more difficult to transport livestock over long distances. The temperature must be controlled more strictly, so it will be increasingly difficult to transport piglets during summer, for example from the Netherlands to Spain. And the opinion of ordinary people plays a big role in this. The transport of livestock is sometimes presented in a bad light in the media, while we, as traders, do everything we can to ensure that the transport takes place in perfect conditions.

The second development is that in my opinion, in Spain, the production will increase. We now buy a lot of piglets from North-West Europe, but I expect us to be able to breed more and more piglets of our own, in Spain."

DEVELOPMENTS IN THE AGRICULTURAL SECTOR



There is a lot going on in the world. There is a lot of turbulence. This is also valid in the agricultural sector, where COVID-19 has had its impact and the farmers opposing the policy of the authorities. In this article we will briefly discuss these developments.

It is difficult to express the current situation in an article for a magazine. This situation differs from day to day. In the first part of this year, mass protests took place among the farmers. Due to COVID 19, the protests somehow faded into the background, but at the moment of writing, the protests broke out again, perhaps even in greater numbers than before.

One thing stays clear, solving these problems will take a long time. There are a lot of uncertainties, misunderstandings and insecurities in the agricultural sector. That was already the situation but COVID-19 accentuates them. Think of the slaughterhouses that have been temporarily closed or have had to adjust their capacity.

Developments in the pig sector

The market is incredibly fickle. One day it is rising, the next day it is falling. One thing is certain, the price level, which has been kept at a relatively high level for a long time, is now falling sharply. The market also had quite a few problems to deal with. Think about the closing of the largest slaughterhouses in Europe. This has put a lot of pressure on the piglet market. The import restrictions imposed by China have also disrupted the market. The point of view on the market, which has long provided a good image, has disappeared.

The pressure is sometimes felt so intensely that we could talk, in certain moments, about a crisis. Nobody knows exactly what situation one is in. The market moves like a yoyo: from top to bottom and back up again.

Our strength, as VAEX, is to always move with the ups and downs of the market. Now, these movements change in such a short time and are so unpredictable that it is sometimes difficult to be able to connect all the lines. The ability to slaughter is effectively lost. There are pigs that cannot be slaughtered. There is simply no room for the pigs.

It's difficult to look into the future. Society is talking about the new normal. It's pretty clear what we should understand by that. But in the pig market we still don't know what the new normal is. Due to the daily changes, it is difficult to say when we will be able to reach a calmer situation and what the situation will look like then.

Developments in the breeding cattle sector

In the breeding cattle sector there is a tendency to push everything forward. Many farmers were about to start building. But due to the developments, those plans were delayed or in some places the building process was stopped. For this reason, the breeding cattle orders are postponed until later.

Fortunately, supply generally does not exceed demand, and there is no pressure to move the cattle like in the pig market. Now it is just a quiet time. The debates regarding the transport to other countries outside the European Union represent an extra barrier to bringing the trade back to normal. We are tackling all the angles of the problem to be able to remove this obstacle.

ONLINE IN THE LIVESTOCK TRADE

On sites like Amazon, Ali Express and Bol.com you can buy everything. Well, almost everything. But you still can't buy livestock. But why not? Would there not be room for a party that does the same in livestock as these parties? Bringing demand and supply together online? We think that it is possible.

In the livestock trade, everything revolves around personal contact. Absolutely everything. It is important that the two parties know each other. At the same time, in so many sectors, a trade is taking place in conditions where the buyer and the seller do not have the opportunity to shake hands. Online. And this, too, has its advantages, because the internet is transparent, fast and easy.

And the reality is: everything that is faster, better, more efficient and cheaper in trade wins in the long run. You can hide for these developments, but you can also embrace them. For example in the case of VAEX The Truck Traders we have already done this. Trucks are bought and sold increasingly easier online, without actually being viewed in real life. This happens through social networks such as Facebook. This begs the question: will the pigs also be sold through Facebook?

We see that online options are not used very much in livestock. There are several causes. For example, you work with live animals. This type of product is never a standard product, every animal is different. This also applies to legislation and regulations: they differ depending on the country or even on the region. And then you work with daily prices in this sector. So how could the sale then take place through a platform like Amazon? Is it feasible? Or is personal contact still required?

The first attempts five years ago

Five years ago we, as VAEX, already tried to create an online platform and were convinced of the benefits. Because not long ago everything depended on the phone. That made us tied to time. We called suppliers and customers one by one. With all the online possibilities, you can reach many more people in a much shorter time, day and night! That is why

we launched Jumentra: an online platform where demand and supply in livestock transport were brought together. However, the platform was not successful. Some parties were still somewhat hesitant and sceptical about sharing data. Suddenly, trade became much more transparent. Have we excluded competitors? That suspicion made us pay much more attention to what was happening on the platform, but the attempts failed when a transport match was not immediately found during the first or second attempt. Looking back, we believe that the platform could have been more successful if a controlling party had been appointed, which would have been able to offer more guarantees on finding suitable solutions.

New initiative: daily updates through emails

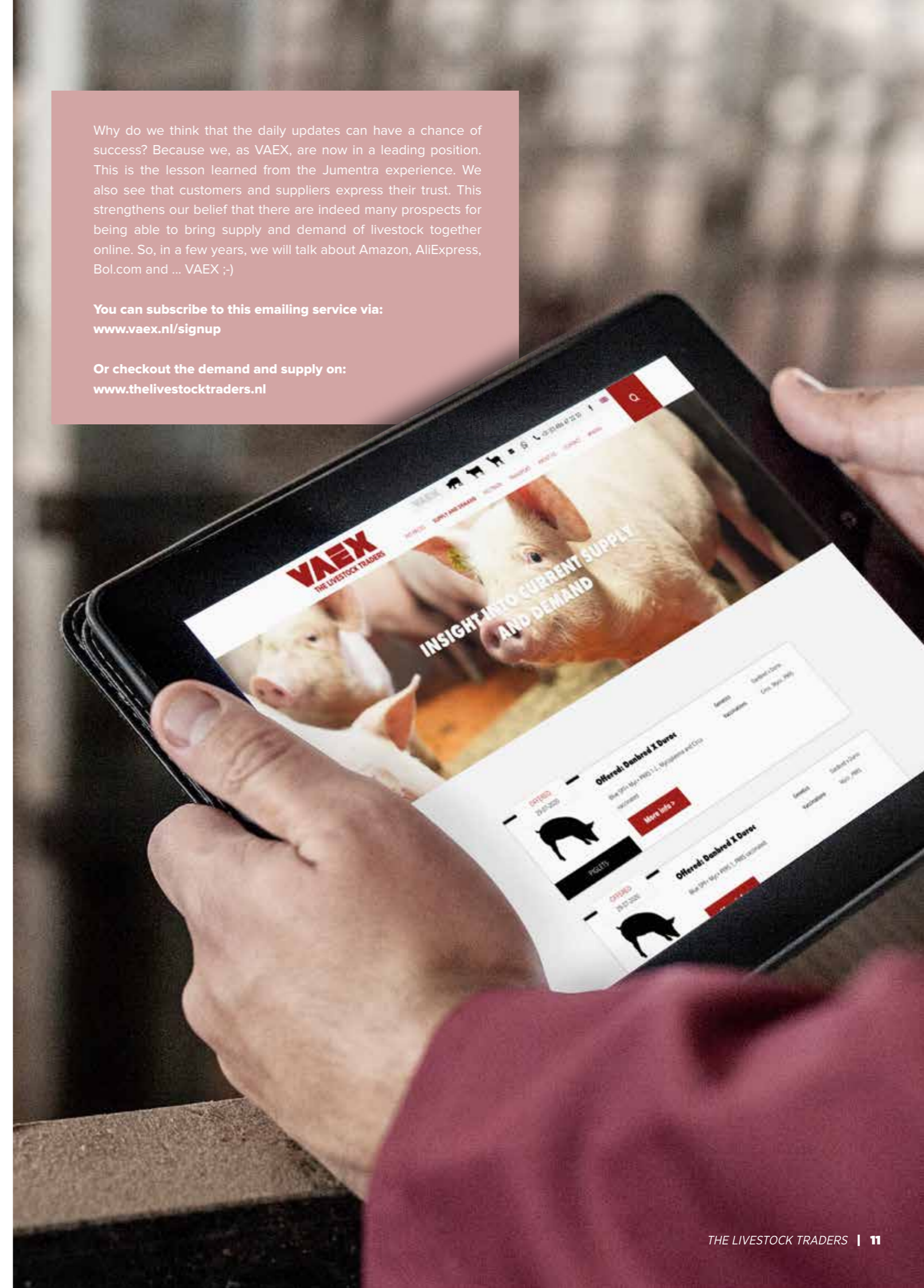
Lately, due to the limitations imposed on us by COVID-19, we have returned to the key question: how can we make livestock trade more efficient? How can we reach customers and suppliers without physically visiting them?

We find the answer in improving the demand and supply updates on the website. That's what we did weekly. In the meantime, we have come to do this every day. You can enter the website, you can also subscribe to e-mailing for free, to receive daily updates in your e-mail inbox. Our strength lies in our trade in different countries and in combining demand with supply. We have always done our best to find the best matches possible. But in this case we can improve things, and be more efficient. Through the daily updates, we have already taken a step forward.

Why do we think that the daily updates can have a chance of success? Because we, as VAEX, are now in a leading position. This is the lesson learned from the Jumentra experience. We also see that customers and suppliers express their trust. This strengthens our belief that there are indeed many prospects for being able to bring supply and demand of livestock together online. So, in a few years, we will talk about Amazon, AliExpress, Bol.com and ... VAEX ;-)

You can subscribe to this emailing service via:
www.vaex.nl/signup

Or checkout the demand and supply on:
www.thelivestocktraders.nl



TOGETHER IN THE TRUCK TOWARDS SPAIN

When she was a child, Nicole Heimans (30) already dreamed that she would work with animals. Dreams became a reality in 2018, at VAEX. Together with her husband Dirk Strik, they were able to transport many piglets to Spain.

Nicole: "When I open the ramp and see the piglets snoring and sleeping happily together... I think it's great to see that."

How did you get into the truck?

"My grandfather and grandmother lived near a slaughterhouse in Nijmegen. This is where I first came in contact with the livestock transport. In 2006 I met Dirk. He was already working as a truck driver. I've always considered the fact of being on the road wonderful. That adventurous part attracted me. That's why I was a taxi driver for a while, but it wasn't the same. Through Dirk I saw how nice it was to be a truck driver. I always thought I wouldn't be able to have this job because I am suffering of diabetes. Eventually, after many investigations, I received approval from the hospital and CBS (Central Statistics Bureau). I feel in due time when I have hypoglycemia and when I'm tired I don't drive the truck. So it is going well. The only problem is that every five years I have to get a re-approval, but as I feel at the moment, this shouldn't be a problem."

Do people look strangely at you when they see a woman behind the wheel?

"Not really. But indeed, the world of drivers is still a world of men. However, I feel comfortable. This also comes from the fact that I am not a girl who watches from the sidelines. I roll up my sleeves and go to work. Moreover, men are generally more direct than women. They usually say exactly what they think. And this I like. However, I notice that people who come in contact with me are usually friendlier to me than to Dirk... haha!"

You're with your husband Dirk Strik on the truck. How is it?

"Many people ask me: What is it like to be together 24/7? Very honestly: I find this wonderful! Sometimes I am looking forward to an evening when I could be alone at home. But once this happens, I think: how boring! We can separate work from our private life very well. And this pleases us. When we

are at a farmer's place, we are no longer husband and wife, but two drivers, each with our own tasks. We drive in turns (shifts). Dirk has been driving trucks for almost twenty years, he is very precise in his work and usually deals with the more difficult tasks. I can learn a lot from him. Dirk sees his work as a hobby. That we can spend a full time together doing a hobby... How beautiful is that!"

How do you see the coming years for you?

"I enjoy my job. When I open the ramp and see the piglets snoring and sleeping happily together next to each other... I find this wonderful. At the same time, I see the world getting tougher. We try to take the best possible care of the livestock. But there are also bad examples that exist as well in any other sectors of activity, which attract the attention of the news. We are judged according to this. It is not fair. I see that the piglets are feeling well."

THREE SHORT QUESTIONS FOR NICOLE:

What is your favourite truck brand?

I know Dirk is going to mumble on this, but I think Volvo. My first love. That doesn't rust!

What do you like to do the most in your free time?

I rarely have spare time, but when I do, I try to spend it with my family and friends. And then a tasty glass of wine coming along!

What do you like most about VAEX?

The idea of belonging to a group. I've known the company since I started my relationship with Dirk. It's nice to see that the people in the office have become closer to the drivers. We really are a team. This is something special!

Interview: Dmitry Gongadze (52)

NOT A SAILOR, BUT A COW TRADER

As a child, Dmitry Gongadze (52) wanted to become a sailor. He loved the pirate stories. Experiencing adventures at sea, living in freedom, that's what he was attracted to. There was a problem, though: in Moscow there is no sea. He put aside his childhood dream and went to study Law. In the meantime, he has been representing VAEX in Russia since 2013.



DID YOU KNOW THAT DMITRY...

...loves Striploin steak.

...in his spare time he joyfully plays Russian billiard. It is similar to snooker, but it is played on a larger table and with larger balls.

...finds Amsterdam to be a fantastic city.

...has a daughter who manages the social media channels of VAEX Russia.

How did you end up at VAEX?

"I was working for a supplier of equipment for companies that dealt with dairy cows, when one of my clients wanted to get good dairy cows from the Netherlands. They asked me if I wanted to help them. This must have happened in 2008 or 2009. I started studying the market and contacted various companies that could help me. In the end I chose VAEX. The first delivery went perfectly. My client was super satisfied. Me too. A new world has opened up for me, which fascinates me. In 2013 I got to a permanent collaboration with VAEX."

What makes your job so enjoyable?

"That moment when the cattle arrive at a client's farm. The moment is fantastic. That you unload the truck, that the cattle have arrived healthy and that the empty stable comes back to life. It's an almost magical moment. It represents the birth of a new life. That makes my work so beautiful. In addition, I work in a good team, with people who work hard, who are always thinking in solutions and who above all are great colleagues."

How do you think the cow market will develop in the coming years?

"This depends on many factors and is difficult to predict. I still see the market growing. And especially in countries where we are not yet present or really active. We are now trying to do business in Uzbekistan, which is now more

developing in the cow market. In general, if there is enough demand for cows, I think we will have more than enough work for at least the next five years."

How do you see the Netherlands?

"I know the Netherlands especially from the Dutch Masters: Rembrandt, Hals, Van Gogh. That's what The Netherlands means to me: Art. When I visited the country later, I got to know it better. I was very impressed by the technical knowledge, the diligence and the determination of the people. The fact that you, with such complex equipments as drawbridges and dams, could gain so much ground from the sea. I found this really impressive. Maybe that had to do something with the sailor who was still in me..."

Dmitry:
“When an empty stable comes back to life. This is a beautiful, magical moment.”

LOGISTICS: MANY DISCUSSIONS AND MANY CHALLENGES

There are many ongoing discussions in society and in politics on animal welfare. Among other things, transportation is viewed very critically. Currently, no transport is allowed in countries outside the European Union. This poses significant challenges in terms of logistics and trade.

Until further notice, the export of livestock to countries outside the European Union is prohibited. After Germany had already decided this earlier, Minister Schouten of Agriculture, Nature and Food Quality had followed suit for the Netherlands. The reason is that there are doubts in politics on whether livestock can rest and eat enough while on the road. Going deeper into the topic, it turns out that there are suspicions regarding the compliance of the rest stables outside the European Union with the laws in force within the Union. Often they comply with the laws. But the problem is that recognition is not yet implemented. Such a recognition exists in the case of rest stables within the European Union, but not in the case of those outside the Union.

These are simple recognitions that are only made within the European Union. If we look at ourselves as VAEX: we always put animal welfare first. For example, we make sure that there is enough hay and feed during transportation. We are proud of the top quality livestock we have in Western Europe. We believe that it is our responsibility to guarantee this quality when livestock goes to countries outside the European Union. The only question is: we can say this, but how can we prove this to the authorities in the sector? Luckily, we don't have to provide that proof entirely ourselves. The Dutch sector organisation 'Vee & Logistiek' brought the market together in order to analyze this issue together. We are now looking, for example, for a solution by which the rest stables outside the European Union can obtain recognition.

Currently, a checklist for the rest stables with a kind of program requirements has already been drawn up. It is submitted to the veterinary service of Russia. As soon as it is signed, it will be send as a burden of proof to the Dutch authorities. In this way, we try to show that we all serve the same interest, also outside the European Union. Namely: animal welfare during transportation. The hope is that the restrictions on the export of livestock will be lifted as soon as possible.

Transport at high temperatures

The social and political discussions on high temperature transport are very current. The sector organisation 'Vee & Logistiek' has meanwhile drawn up a heat protocol. It must guarantee the welfare of the livestock during transport in extreme temperatures. We are certainly seeing extremely positive reactions to this protocol in the Netherlands, which is also supported by veterinary services and parts of the sector. Our position is that high temperatures should not be an obstacle for the transport of livestock. As long as the right measures are taken, such as lowering the load level, loading and unloading during cooler times of the day, ensuring a sufficient ventilation system and ensuring that it works properly. The difficult thing is that some discussions seem to be based on emotions rather than facts. We believe this happens because of lack of knowledge. People don't immerse themselves well enough in a subject. Frustrating, because more and more often it happens that transports are moved, refused or put in an unworkable situation. Not for purely factual reasons, but rather on a feeling. Transport companies are increasingly dealing with transport procedures and planning that are not feasible.

This poses important challenges to us. Because at the same time we are faced with the situation where certain groups of livestock have to be loaded daily. Otherwise, the stables become too full. It makes it difficult to ensure that transport runs smoothly. And this is the exact opposite of what people want! As VAEX, we are always busy seeing how we can meet all the required conditions. For example, we are actively involving ourselves in discussions. In addition, we take care of it ourselves. For example, we are designing a cross-ventilated trailer for livestock, which is equipped with a cooling system to ensure that the livestock can always be transported within the required temperature limits.

Charters

Half a year ago we started working with fixed charters, which run with trailers in our style. We can focus entirely on the things we know best: the national and international trading of pigs and cattle. While quality and continuity in transport remain assured. So far it looks like it was a good choice. An initial assessment shows us that we, but also our suppliers and customers are satisfied with the way things are going now.



SEMINARS ON GOATS

We have recently started offering seminars on goats. We do this together with Vitalvé, who has long been a well-known brand in the field of goat farming. Vitalvé which is strong in advising goat owners, we as VAEX, with our experience in trade and transport. Together we try to provide an additional service to goat owners in Russia and the former countries of the Soviet Union. What is the right food for a goat, how do you recognize the diseases, what equipment do you need for milking, how do you set up the stable, which breed suits you best, etc. These are all questions that are discussed, adapted to the company to which we provide the seminar. This can be a newly created company, but also companies which want to improve the quality of the goats they own or which are having problems. Meanwhile, the first seminar for a group from Kazakhstan took place. It took place at the beginning of the year. The intention was to repeat it every six weeks for interested parties. For more information please call us or send us an email!

VAEX The Meat Traders

It is probably already known that VAEX also sells carcasses. This sector is also expanding to Eastern European countries. To strengthen this exploration, we offered VAEX The Meat Traders, as we called this branch, a customised logo, with colors that differ from ours. So, just like VAEX, but a little different.



THIS IS VAEX

VAEX The Livestock Traders

Reek, the Netherlands
Arad, Romania
Trade in:
• Piglets
• Pigs
• Sows
• Breeding cattle
• Goats
• Carcasses and meat
+ Own transport department
AXIS EUROLINK
+ Own rest stable in Hungary
www.thelivestocktraders.nl

VAEX The Truck Traders

Ravenstein, the Netherlands
• Trade in new and second hand trucks and livestock trucks.
+ Own workshop
www.thetrucktraders.nl

BUFFL

Reek, the Netherlands
• Customized truck interiors
www.buffl.nl

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VAEX MAGAZINE, NR.2 - 09/2020



Teamwork

We set the bar up. We are critical of us and constantly monitor how we can improve our service delivery. For example, a customer opinion poll: How do customers experience contact with us? Where can we improve? Internally, certain movements took place. For example, the entire transport from Axis Eurolink is now arranged from the Netherlands, so that the people in our office in Romania can focus on trading. It's nice to see that these approaches are paying off. COVID-19 has made things difficult for us in recent months, but the team is close, dedicated and full of enthusiasm and ideas. We have a good team. We are proud of it.



SMOKED PORK RIBS

Mango and red pepper chutney · grilled corn · baked sweet potato with spices and cream · fried onion rings

VAEX in combination with catering establishment. Does that sound illogical? We don't believe that! VAEX and de Linde in Reek have found each other. A good combination, because we both strive to achieve that superior level of quality and service.

Ingredients (for 2 persons):

- 400 grams of pork ribs
- 1 mango
- 1 white onion
- 2 big red onions
- 1 clove of garlic
- 1 red bell pepper
- 2 cm of fresh ginger
- cloves
- 150 grams of sugar
- 1 knife tip of cayenne pepper
- Chives
- 1 spoon of lemon juice
- 2 corn cobs
- Paprika
- 2 sweet potatoes
- 200 ml of cream
- 100 grams of flour
- 1 egg
- 150 ml of milk
- 3 spoons of olive oil
- Butter

Mango chutney

Peel off the mango and cut the pulp into cubes, peel and cut the white onion. Peel and finely chop the garlic. Heat the oil in a pan and the mango fruit, garlic and onion. Cut the red pepper into thin rings. Peel and finely chop the ginger. Add the pepper and ginger to the mango and cook on low heat for about 30 minutes. Add the cloves and sugar and let them boil for about 10 minutes. Season the chutney with cayenne pepper and lemon juice and cook for about 10 more minutes until it thickens. Then let the chutney cool down.

Pork ribs

Preheat the oven to 180 degrees. Season the ribs with paprika, put the ribs in the oven. Let them brown in the oven for 1 to 1.5 hours, until the internal temperature of the meat reaches 55 degrees. Let them rest for 10 minutes. Cut the ribs between the bones.

Grilled corn cobs

Put butter on the corn cob and put it on the barbeque or grill. Turn the corn a little on all sides for 15 minutes to cook evenly. Sprinkle with salt for a tasty bite or with honey or sugar for a sweet corn cob.

Fried onion rings

Peel and slice the red onion in disks. Detach the individual onion rings from each disc. Mix the flour and a pinch of salt in a bowl. Make a hole in the center of the mixture and add the yolk, milk and oil. Beat hard until you get a fine mixture, without lumps. Beat the remaining egg white until it hardens and carefully grease it on top with a spatula. Soak the onion rings in the mixture. Fry for 5 to 6 minutes

Baked sweet potatoes

Preheat the oven to 200 degrees Celsius. Cut the sweet potatoes in half lengthwise. Mix both halves with a little oil and a pinch of salt and pepper. Wrap both halves of the sweet potato in a piece of aluminium foil or baking paper. Put them in the oven for 45 minutes until the sweet potatoes become soft. Then mix in the bowl some sour cream with finely chopped chive and a clove of crushed garlic. Add a tablespoon of cream to each half of sweet potato and enjoy!

Enjoy your meal!